



# CERTIFICATE OF PARTICIPATION

This is to certify that

**Justin Rowles**

Has successfully participated & completed the  
**42km The Spar Knysna Forest Marathon**  
held at Knysna.

**TIME 04:38:47**

**PACE 06:37/km**

**GENDER 218 of 563**

**OVERALL 275 of 834**

**SENIOR (20- 129 of 39) 291**



08 July 2023, Sat

Date

*BoutTime*

Signature